Having described, I claim:

- 1. A method of fracturing a subterranean formation at reduced surface pressure including injecting into a wellbore an energized fracturing fluid based on a liquid medium having a density higher than 1.2 g/cm³.
- 2. The method of claim 1, wherein the liquid medium has a density greater than 1.5 g/cm³.
- 3. The method of claim 1, wherein the energizing gas is selected from the group consisting of nitrogen, carbon dioxide, air and mixture thereof.
- 4. The method of claim 1, wherein the energized fracturing fluid has a foam quality of at least 25%.
- 5. The method of claim 1, wherein the energized fracturing fluid has a foam quality of at least 50%.
- 6. The method of claim1, wherein the liquid medium comprises an aqueous solution, a zwitterionic surfactant as gelling agent and salts.
- 7. The method of claim 6, wherein said zwitterionic surfactant is a betaine containing an erucic acid amide group.
- 8. The method of claim 6, wherein said zwitterionic surfactant is a betaine containing a oleyl acid amide group.
- 9. The method of claim 1, wherein the fluid comprises at least a density-enhancer selected from the group consisting of salts, sugar, chloroform, carbon tetrachloride and glycerol and mixture therof.
- 10. The method of claim 9, wherein said density enhancer is a salt selected from the group consisting of calcium chloride, calcium bromide, potassium bromide, sodium bromide and mixture thereof.